

**calling all healers, counsellors,
psychotherapists and bodywork therapists !**

CHAKRA PSYCHOLOGY

a continued professional development course

Is there an approach to understanding human growth and development that really sits firmly at the interface of spirituality, the mind and the physical body? Yes! Can this approach help us heal the wounded aspects of our own development? Yes, it can and does!

How? By combining traditional eastern chakra philosophy with contemporary western in-depth psychology.

Find out how by attending this unique professional development course. Here are just some of the benefits - you will:

- gain knowledge of different contemporary psychological models used to interpret the chakras
- use this knowledge to experience first-hand the positive energetic shifts possible in your own subtle energy system
- experience the subtle energies of the different chakras and so become more aware of your own inner energetic and emotional processes
- learn about how these processes have been deeply influenced by what was happening in your life at the different developmental stages of your childhood and young adulthood
- accept yourself more as you experience yourself thinking differently
- feel more energised and even better on the inside as you realise you have more choices
- gain new insights into how to support your own clients on their healing journeys through engaging in your own healing process

**9 Saturday afternoons once a month October 2009 – June 2010
The Greenings, 3 Eller Raise, Sedbergh Road, Kendal, Cumbria
beginning on Saturday 17 October 2009**

" This truly holistic course has given me a fascinating insight into the power of the chakra system as well as psychology as a whole. It has given me the opportunity to examine and heal myself at the same time as providing tools for my kitbag as a practitioner. I highly recommend it for any therapist. It's a gem."
Linda Hall

and receive a certificate on completion
of course requirements

the course fee is only £280 – this includes all materials, assignment of a written assignment and a free one hour individual tuition
for full syllabus, payment arrangements & details contact

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"The course gave me insights and awarenesses both personally and professionally. It has given me an extra dimension to my work and a greater understanding of the origins of stress in the body."
Jo Green

"I found the course very supportive; it furthered my knowledge and understanding of myself and others. It was very empowering – and just fantastic! A great course to do and definitely beneficial for those interested in the physical body and psychology. "
Maxine Glover