

**DHN Meeting Report  
28th October 2018  
Wesley Hotel, Euston**



On Sunday 28th October we were privileged to hear about the impressive healing work that Shuna Watkinson is doing. Her talk was titled “A foot in the NHS door - the clinician and healer working together.”

Shuna works for East and North Hertfordshire NHS trust and is supported by The Sam Buxton Sunflower Healing Trust (SBSHT).

She trained as a healer with the National Federation of Spiritual Healers (NFSH) and subsequently the 'Healing in Hospitals & Hospices' course run by SBSHT.

Working in the Lister & Stevenage, Queen Elizabeth 2 and Hertford County hospitals over the last 8 years, Shuna is described there as “The Energy Therapist” and offers “Gentle Touch Relaxation”. She started working in the Day Hospice, and subsequently began working at endoscopy sessions, helping distressed relatives, and now has two volunteer healers assisting her. There is soon to be a second healer funded by the SBSHT, who will be working in the Breast Clinic.

Shuna’s success and acceptance has, in her own words, led to her ‘spreading through the hospital like a virus’. Well done Shuna, you are indeed an inspiration!

Tim Ridge  
October 2018